



**The Learners Lab Foundation's
THERAPY CONNECTION INSTITUTE (TCI)
Overview of a Mind-Body-Spirit Mobility Fitness & Mental Wellness Sanctuary
April 2021**

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| <p><b>WHAT IS THE THERAPY CONNECTION INSTITUTE (TCI)</b><br/>Therapy Connection Institute is a <i>MindBodySpirit Mobility Wellness Program</i> established by The Learners Lab Foundation.</p> <p>Its purpose is to <i>Develop Custom-Designed Mobility &amp; Fitness Improvement Programs</i> and <i>Train Mobility Professionals as Certified Mobility Wellness Therapist to Apply &amp; Deploy the Improvement Programs as a Certified Mobility Treatment for the Customers they serve.</i></p>                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <p><b>WHO'S BEING HELPED</b><br/>Persons with mobility challenges typically face an additional burden of not being finding treatments appropriate to maintaining health AND quality of life.</p> <p>To make matters worse, insurance carriers rarely if ever cover the cost of the type, level and frequency of help required in order to transition their mobility restrictions and pain into a healthy, pain free &amp; stress free life.</p>                                                                                                                                                                                                                                                                                                  | <p><b>HOW</b><br/>Therapy Connection Institute filled this gap by crafting treatments into a standardized program and delivering treatments that marry Rehab, fitness, wellness, relaxation, physical, message &amp; yoga therapies that are customized to each customer with each visit.</p> <p>Patron sessions are tailored both in discipline and in time, given each customer as much time as is needed, Members are served over 2-3 days, non-members receive day-long sessions.</p> |
| <p><b>TCI'S CUSTOMERS</b></p> <ul style="list-style-type: none"> <li>▪ Any person with mobility challenges/restricted movement due to Spondylothesis, Spondylolysis or both,</li> <li>▪ Any person wheelchair bound,</li> <li>▪ Any person with Sciatic pain,</li> <li>▪ Any person not as healthy weight wise as desire to be,</li> <li>▪ Any person unable to maintain a healthy weight, eating, sleep regiment</li> <li>▪ Any person with limited mobility by resulting from non-movement to avoid pain,</li> <li>▪ Any person who requires assistance in order to exercise and therefore does little to no exercise,</li> <li>▪ Any person doing little to no movement except when absolutely necessary or unavoidable to do pain</li> </ul> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <p><b>TCI'S WHY IT WILL STAND OUT</b><br/>Our Customized Mobility Program and Strategy pairs each Customer with TCI Mobility Therapist.</p> <p>This gives them the opportunity to work one-to-one, address specifics that go beyond what insurance carriers permit in other settings such as Spas, Fitness &amp; Rehab Centers.</p> <p>Each mobility treatment engagement is customized to the individual based on that visit as a first visit, not a pre-determined insurance approved list of treatments or activities that must be satisfied as complete/successful in order to be paid by insurance carrier.</p>                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |



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Non Members have an entire day dedicated to their wellness treatment.

Members have 2-3 Days for their Wellness Treatment to include Meditation and Relaxation Sessions in between allowing for a very targeted services so that no one person has a mobility treatment session that mirrors another person's or is the same as a visit they had before.

There will be no template/standardized protocols here.

TCI NON-MEMBERS

- Open Door-First Come-First Service Facility for Non-TCI Members. They will have Day-Long Access to TCI Treatments/Resources; We will have Treatment Services, Food/Beverage Products available for direct sales to Visiting Customers
- ALL TCI Guest receive access to *JazzM'tation @ SwingTyme Studio* after 6pm, and 24/7 Access to Stress-Release/Crisis Management Services with onsite Mental Health Professionals

TCI MEMBERS

- TCI Members enjoy Dedicated Appointments for Customized One-to-One Treatment Services that span 2-3 Days.
- Member Mobility Treatments/Resources include Sauna Rooms w/Showers, Individual Lap Pools & Water Aerobics. Nature Hikes.
- Members receive complimentary Food/Beverages, Products Discounts and early access to Vendor/Supplier Direct Sales Products.
- TCI Members receive Open Access to *JazzM'tation @ SwingTyme Studio* and 24/7 Access to Stress-Release/Crisis Management Services with onsite Mental Health Professionals

FOUNDER & PRINCIPLE

Jerri Thomas, Founder, TLLF/FO

Therapy Connection Institute Team:

- TBD, TCI Managing Director, Member Services & Operations
- TBD, TCI Curricula Developer/Instructional Designer
- TBD, TCI Chief Practitioner, Treatment Services
- TBD, TCI Psychologist (2) for Virtual & One-to-One Outreach Help (just someone to talk to)
- TBD, TCI Certified Mobility Wellness Therapist (combining Massage, Physical Therapy, Strength & other Wellness Treatments)

CONTACTS INFO:

- General Information: Info@TherapyConnectionInstitute.org
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- Resource & Donations: ResourceDonations@TherapyConnectionInstitute.org
- Sponsorship Inquiries: Sponsors@TherapyConnectionInstitute.org
- Vendor, Supplier, Merchant Services & Other Offerors: Suppliers-Vendors@TherapyConnectionInstitute.org

ADMINISTRATIVE OVERSIGHT:

The Competence Group, LLC, TLLF Strategic Planning & Operations Partner